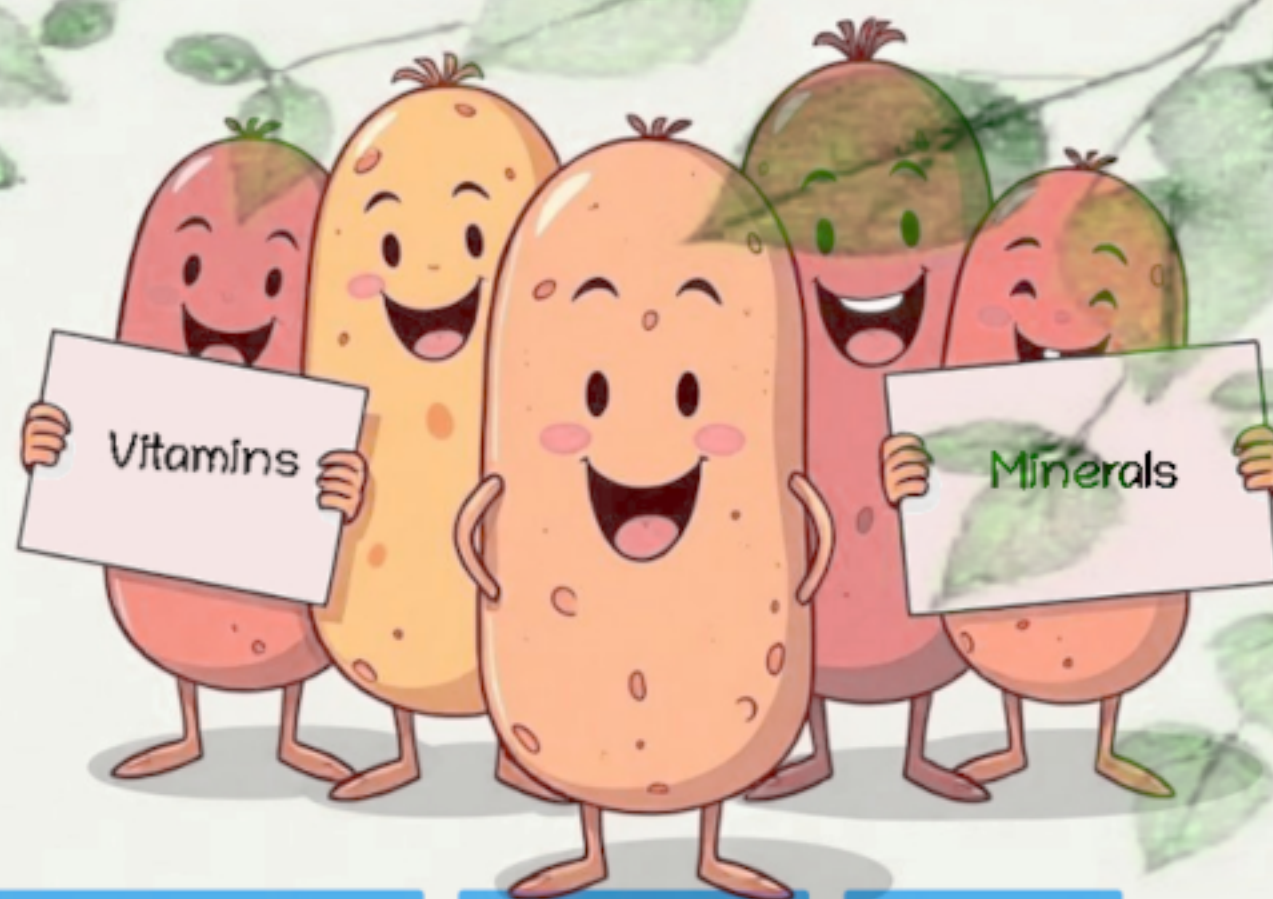




POTATOES	RED	WHITE	YELLOW	SWEET
Calories	93	93	93	86
Carbohydrates	21	21	21	20
Protein	2	2	2	2
Fiber	2	2	2	3
Sugar	0	0	0	4
Vitamin A	0	0	0	21%
Vitamin C	21%	15%	19%	17%
Thiamnine (B6)	10%	11%	10%	11%
Niacin (B3)	4%	4%	4%	4%
Pantothenic Acid	6%	6%	6%	6%

